



**2023 Apprentice  
Climbing Skills  
Mean Time: 5 Minutes  
Drop Dead Time: 10 Minutes**

In this event, each Apprentice will demonstrate the skills needed to climb, maneuver, and work aloft safely. Several stops require specific tasks that the climber must accomplish before moving on.

- Each Apprentice will be allowed a 5-minute setup time before starting the event.
- Work gloves will be required for this event.
- Time starts at judge's signal.
- The climber will climb to the first arm where the pin insulator will be removed and reinstalled back in the same location.
- The climber continues up the pole, goes over neutral and ties a snub rope around the pole, using a square knot.
- Apprentice will operate their own handline to raise hoist, grip and suspension insulator. Note: the handlines will be pre-positioned on the pole and will remain there for the entire event.
- Climber proceeds to change out the suspension insulator on the phase, then lowers the hoist, grip and the exchanged suspension insulator back down the pole. The snub rope is also lowered to the ground using the handline.
- The climber continues up to the top of the pole. At the top of the pole will be a canvas bag containing a cow bell. The climber will remove the bell from the bag and ring it. Once rung, the cow bell will be placed back in the bag. Then the climber climbs down the pole (no other tasks remain except to safely climb down).
- Time stops when the climber touches the ground.